## A MOMENT OF HEALING BLESSINGS

August 17, 2025

Welcome to this sacred space and holy moment set aside for healing of body, mind, spirit, relationships, and the deep places within us that sometimes words cannot reach.

Today, we gather in the great cloud of witnesses including those who have gone before us and those who sit beside us. The letter to the Hebrews reminds us that we are not alone in our struggles or our stories. We stand in a long line of those who walked by faith: through parted seas, through wilderness wandering, through trial and triumph. They persevered, not because the journey was easy, but because they fixed their eyes on something greater—on the One who is faithful.

And we do the same today.

As we lift up our prayers for healing, we do so not in despair, but in hope. We look to Jesus, the One who endured the cross and now sits at the right hand of God. He knows our pain, our weariness, our longings. And He meets us here with gentleness, with power, and with mercy.

So let us lay aside every burden that weighs us down. Let us offer our hurts and fears to God, trusting that even when we cannot see the finish line, Christ is running with us, healing us, and strengthening us for the race.

Come, beloved. Let us receive healing. Let us be made whole.

#### INVITATION TO HEALING

At this time, you are invited to come forward and kneel at the altar rail for anointing with oil. As you come forward the sign of the cross will be placed on your forehead with the oil. The Pastor and the prayer team will also say a short prayer of healing on your behalf. Those who remain seated are invited to pray for those on our prayer list or to write a prayer gram for a person in need of God's healing and mercy. If you want a prayer gram card, raise your hand. One of our ushers will bring it to you. You can place it in the offertory plate during the offertory.

# **Anointing with Oil**

Anointing the forehead with oil is a sign act invoking the healing love of God. The oil points beyond itself and those doing the anointing to the action of the Holy Spirit and the presence of the healing Christ, who is God's Anointed One. (United Methodist Book of Worship)

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## What is a Prayer Gram?

What is the Prayer-Gram Ministry? If you would like someone to know they're being thought of, you can submit a Prayer-Gram request by putting a completed request card in the collection plate or by sending it to the church office. The only information required is their name and address. You can give the reason or keep it confidential. They will receive the Prayer-Gram, a short note along with a prayer, in the mail.

### PRAYER FOR HEALING

Jesus, Jesus, precious Jesus, son of the living God, draw near as we lift our hearts to you. Heavenly Father, we thank you for the bounty and abundance of this earth and for the gift of life and the privilege of living in this moment. We are grateful that we can come before You our creator with open hearts and souls laid bare.

Search us, O' God. Cleanse our minds of impure thoughts. Forgive us for every transgression. Teach us to lay down our pride, surrendering over egos fully to Your Holy presence. Today, Lord, we intercede for the family of faith at CUMC in Massapequa. We lift up our brothers and sisters who are weary and in need of your healing touch. Parents, children, cousins, friends, each one a precious life you have called by name. For those in pain, in sickness, in the shadow of diseases, restore their bodies. Renew their minds and bring wholeness to every part of their being. Let them return to this sanctuary with testimonies of your power, to stand as living witnesses of your glory. We pray all this in the name of Jesus Christ, our Lord and Savior. **Amen.** 

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