

Psalm 42 New Revised Standard Version Updated Edition

¹As a deer longs for flowing streams,
so my soul longs for you, O God.

²My soul thirsts for God,
for the living God.

When shall I come and behold
the face of God?

³My tears have been my food
day and night,
while people say to me continually,
“Where is your God?”

⁴These things I remember,
as I pour out my soul:
how I went with the throng
and led them in procession to the house of God,
with glad shouts and songs of thanksgiving,
a multitude keeping festival.

⁵Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God, for I shall again praise him,
my help ⁶ and my God.
My soul is cast down within me;
therefore I remember you
from the land of Jordan and of Hermon,
from Mount Mizar.

⁷Deep calls to deep
at the thunder of your torrents;
all your waves and your billows
have gone over me.

⁸By day the LORD commands his steadfast love,
and at night his song is with me,
a prayer to the God of my life.

⁹I say to God, my rock,
“Why have you forgotten me?
Why must I walk about mournfully
because the enemy oppresses me?”

¹⁰As with a deadly wound in my body,
my adversaries taunt me, while they say to me continually,
“Where is your God?”

¹¹ Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God, for I shall again praise him,
my help and my God.

Galatians 5:16-26 New Revised Standard Version Updated Edition

¹⁶ Live by the Spirit, I say, and do not gratify the desires of the flesh. ¹⁷ For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh, for these are opposed to each other, to prevent you from doing what you want. ¹⁸ But if you are led by the Spirit, you are not subject to the law. ¹⁹ Now the works of the flesh are obvious: sexual immorality, impurity, debauchery, ²⁰ idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, ²¹ envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God. ²² By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, ²³ gentleness, and self-control. There is no law against such things. ²⁴ And those who belong to Christ have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also be guided by the Spirit. ²⁶ Let us not become conceited, competing against one another, envying one another.

Matthew 4:1-11 New Revised Standard Version Updated Edition

⁴ Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. ² He fasted forty days and forty nights, and afterward he was famished. ³ The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴ But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" ⁵ Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶ saying to him, "If you are the Son of God, throw yourself down, for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" ⁷ Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, ⁹ and he said to him, "All these I will give you, if you will fall down and worship me." ¹⁰ Then Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" ¹¹ Then the devil left him, and suddenly angels came and waited on him.