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***Thanksgiving and Communion  
(From UMH pages 9-11)***

***Fourth Sunday after Pentecost***

***July 3, 2022***

Invitation

Christ our Lord invites to his table all who love him, who earnestly repent of their sin and seek to live in peace with one another. Therefore, let us confess our sin before God and one another.

Confession and Pardon

**Spirit of truth, you tell us to love all and to give to those in need. Yet we want to hug your salvation to ourselves and keep your gift for our own use. Yet you offer us eternal life. Forgive us when we forget. Forgive us when we fail to keep your commandments to love you and one another. Amen.**

Hear the good news: God is a wellspring of grace, offering the gift of eternal life to all who do God's will. In the name of Christ, we are forgiven, loved, and free.

**Thanks be to God. Amen.**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, who has given us the gift of eternal life in Christ. We give you thanks for freedom, for love and for laughter, for parents and children who travel

together in the ways of peace. We give you thanks for new understandings of ancient stories, for happy endings and new beginnings, for cups of cold water on hot, sunny days.

And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**(All Sing)**

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus Christ, who sent the Holy Spirit to be with us, so that we would not be left alone.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**(All Sing)**

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your spirit make us one with Christ, one with each other, and one in ministry to all the world, until

Christ comes in final victory and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy church, all honor and glory is yours, almighty God, now and forever.

**(All Sing)**

**Amen.**

And now, with the confidence of children of God, let us pray:

**Our Father who art in heaven, hallowed be thy name, thy kingdom come. Thy will be done, on earth as in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory forever and ever. Amen.**

Breaking the Bread

Giving the Bread and Cup

Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

The cup over which we give thanks is a sharing in the blood of Christ.

The Body of Christ, given for you. **Amen.**

The blood of Christ, given for you. **Amen.**

Prayer after Receiving:

**Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.**