



***Thanksgiving and Communion  
(From UMH pages 9-11)***

***Fifth Sunday After the Epiphany***

***February 6, 2022***

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty creator of heaven and earth. You formed us in your image and breathed into us the breath of life

When we turned away, and our love failed, your love remained steadfast. You delivered us from captivity, made covenant to be our sovereign God, and spoke to us through your prophets.

And so, with your people on earth and all the company of heaven we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Holy are you, and blessed is your Son Jesus Christ. Your spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save

your people. He healed the sick, fed the hungry, and ate with sinners. By the baptism of his suffering, death, and resurrection you gave birth to your church, delivered us from slavery to sin and death, and made with us a new covenant by water and the spirit. When the Lord Jesus ascended, he promised to be with us always, in the power of your Word and Holy Spirit. On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said:

"Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

**Christ has died; Christ is risen; Christ will come again.**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy church, all honor and glory is yours, almighty God, now and forever.

**Amen.**

And now, with the confidence of children of God, let us pray:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.**

Breaking the Bread

Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. The bread which we break is a sharing in the body of Christ.

The cup over which we give thanks is a sharing in the blood of Christ.

Giving the bread and cup

The Body of Christ, given for you. **Amen.**

The blood of Christ, given for you. **Amen.**

Prayer after Receiving:

**Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in the strength of your Spirit, to give ourselves for others, in the name of Jesus Christ our Lord. Amen.**