

Exodus 16:2-15 New Revised Standard Version (NRSV)

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.” ⁴Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. ⁵On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days.” ⁶So Moses and Aaron said to all the Israelites, “In the evening you shall know that it was the LORD who brought you out of the land of Egypt, ⁷and in the morning you shall see the glory of the LORD, because he has heard your complaining against the LORD. For what are we, that you complain against us?” ⁸And Moses said, “When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the LORD.” ⁹Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²“I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’” ¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.

Psalms 105:1-6, 37-45 New Revised Standard Version (NRSV)

- ¹O give thanks to the LORD, call on his name,
make known his deeds among the peoples.
- ²Sing to him, sing praises to him;
tell of all his wonderful works.
- ³Glory in his holy name;
let the hearts of those who seek the LORD rejoice.
- ⁴Seek the LORD and his strength;
seek his presence continually.
- ⁵Remember the wonderful works he has done,
his miracles, and the judgments he has uttered,

⁶O offspring of his servant Abraham,
children of Jacob, his chosen ones.
³⁷Then he brought Israel out with silver and gold,
and there was no one among their tribes who stumbled.
³⁸Egypt was glad when they departed,
for dread of them had fallen upon it.
³⁹He spread a cloud for a covering,
and fire to give light by night.
⁴⁰They asked, and he brought quails,
and gave them food from heaven in abundance.
⁴¹He opened the rock, and water gushed out;
it flowed through the desert like a river.
⁴²For he remembered his holy promise,
and Abraham, his servant.
⁴³So he brought his people out with joy,
his chosen ones with singing.
⁴⁴He gave them the lands of the nations,
and they took possession of the wealth of the peoples,
⁴⁵that they might keep his statutes
and observe his laws.

Praise the LORD!